



## The Report of the 8th Meeting on the Medical History of Islam and Iran

Over the time, medication has been used in the treatment of various diseases; researchers and pharmacists have always tried to prescribe the drugs that not only relieve the pain as quickly as possible but also have fewer side effects. Therefore, knowing the history of pharmacology, a variety of medications, used in traditional medicine, along with their various effects on the diseases, has special importance.

To achieve this, the Research Office for the History of Persian Medicine has devoted its 8th Meeting of the Medical History of Islam and Iran to the "History of Pharmacy" that was held at the Amphitheater Hall number 1, at the Medical School on February 5, 2015. Professors, students and researchers in this field participated in the meeting (Figure 1). They showed considerable interest in the meeting and made valuable comments.

The meeting commenced by the talk given by Dr. Arman Zargaran, the head of the Research Office for the History of Persian Medicine, on the achievements of this Office from September 2013 to September 2014, which comprise publishing 54 articles in ISI, PubMed or ISC indexed journals; publishing the Journal of Research on History of Medicine (RHM); publishing books; scientific communication with researchers and research centers inside and outside the country, etc. This was followed by five oral presentations delivered by the researchers from the Research Office for the History of Persian Medicine as listed below:

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- Pharmaceutical dosage forms in Traditional Persian Medicine (Dr. Hossein Khani)
- Medicinal smokes over the history (Dr. Faridi)
- Qarabadins (historical pharmacopeias) and pharmaceuticals books (Dr. Abolhasanzadeh)
- Herbal medicinal oils in Traditional Persian Medicine (Dr. Zarshenas)

Also, a series of published articles of the Office about the history of pharmacy in authentic national and international journals (2011 to August 2014), collected in a booklet, were rendered to the invited guests.

The closing ceremony was dedicated to awards and acknowledgements, appreciating the top researchers of the Research Office for the History of Persian Medicine who were prolific in the last year.



Figure 1. The 8th Meeting on the Medical History of Islam and Iran

